

WELLNESS COUNSELOR

The Wellness Counselor is an integral part of the Camp Augusta community. Summers at Augusta ask staf to challenge themselves in countless ways, and the Wellness Counselor is here to support staf through those challenges. Creating a safe space for staf to process their thoughts and feelings, the Wellness Counselor helps staf discover insight, balance and joy throughout their summer journey. They typically spend 6 hours per day in one-on-one sessions and occasionally facilitate group discussions. Education and experience in counseling and/or life coaching is essential to this position, as is the ability to take initiative in shaping this budding role. Registration and/or licensing as a counselor/therapist is not necessary. Supervision by an experienced, licensed therapist is provided.

SKILLS

- Ability to build rapport and trust quickly with 60+ members of a diverse community
- Ability to maintain confidentiality while working and living in a tight-knit community
- Exceptional emotional intelligence and dedication to personal growth
- Eagerness to support others on their unique paths to personal growth
- Ability to provide a calm, grounded, supportive and non-judgmental presence for staff
- Ability to model healthy communication, mutual respect, appropriate boundary-setting and self-care practices
- Knowledge of and practice with therapeutic tools/resources to help staff move through challenging thoughts/feelings and discover insight into themselves and their relationships
- Ability to employ a holistic lens, considering many aspects that contribute to staff's wellbeing
- Stamina to stay healthy, engaged and available throughout 12 weeks of summer

TASKS

- Hold 6 individual, one hour-long sessions per day, 5 days per week
- Facilitate couples or group sessions, as needed
- Attend one hour of supervision with a licensed therapist/counselor per week
- Create and maintain a comfortable, inviting and safe space for chat sessions
- Maintain confidential records of staff sessions
- Envision and coordinate supportive measures (ex: time out of a cabin, conversation with scaffolder, diet adjustments) as needed to bolster well-being of staff
- Design and facilitate staf training workshops related to self-care and emotional intelligence/well-being
- Collect, catalogue and integrates feedback from staff sessions
- Learn, embody and uphold Camp Augusta's unique relational and communication philosophies



Camp Augusta is a nonprofit residential summer camp in northern California. We are focused on counseling skills, creativity, excellent programming, and camper choice, and seeking experienced, hardworking, enthusiastic, and passionate people for our small summer community to create an epic and life-changing experiences for campers.

WWW.CAMPAUGUSTA.ORG

APPLICATIONS@CAMPAUGUSTA.ORG

