



The Ground is Lava!

Summary: A game where the participants must use random resources to go from one point to another without touching the ground.

Location: Dining area

Props/Materials/Symbols:

- 2 planks (long enough for all participants to stand on, about 5 feet works well)
- Other assorted objects that participants can stand on (mats, grates, tarps, etc.)
- Challenge Ideas
- Lanterns

Prep done:

- Grab scrap wooden planks
- Collect several lanterns, headlights, flashlights, or glowing objects. This is for safety – overhead lights would work great too.
- Prepare the challenge cards in advance (see below)

Opening/Mood set:

- Set up the light sources around the area and turn them on
- Pull out the planks and explain that from this point on, *the ground has been turned to lava*

Questions/Activities:

- Set out the idea that the floor is lava (about 20 feet or so) and the group must work together to get to the other side using the planks.
- Repeat the process with increasing challenges.
 - One person can walk in the lava but can only say “yes” and “no”, the rest are blindfolded.
 - All tied in a chain.
 - Some with no hands, some with one.
 - One is a traitor who tries to ruin the team’s chances (PLOT TWIST! There isn’t really a traitor).
 - No one can speak.
- Debrief after each challenge
 - What happened? Why does it matter? What do we know now?
 - Was it harder than the last challenge or easier? Why?
 - Did anyone find themselves in a leadership role? How did they handle it?

Closing:

- At the end do a final debrief.
- What things/ideas/tactics/qualities make for an effective team?
- Can we apply these things to our cabin/family over the next week?



For more activities visit campaugusta.org

