

Packing List and Guidelines

For two-week campers, laundry service is available. Please see parent handbook note about this under the store section.

We suggest writing your camper's name or initials on all items.

Please see guidelines on second page.

1 Week	2 Weeks	#Sent	CLOTHING LIST	#Returned
7	14	_____	T-shirts and/or Shirts	_____
5	9	_____	Shorts	_____
2	4	_____	Long pants (<i>required for horseback riding fire spinning, bee keeping, and unicycling</i>) at least 1 pair being jeans	_____
7	14	_____	Underclothes	_____
7	14	_____	Pairs of Socks (including one pair of Wool or Synthetic Socks)	_____
1	1	_____	Shoes/boots with heel for horses	_____
1	1	_____	Sandals or water shoes	_____
1	1	_____	Sneakers	_____
1	1	_____	Sweatshirt/Light Jacket	_____
2	2	_____	Swimsuits (one-piece preferred)	_____
2	2	_____	Bath Towel & Wash Cloth sets	_____
1	2	_____	Night Clothes	_____
1	1	_____	Poncho/Raincoat (rain is quite unlikely)	_____
1	1	_____	Hat - <i>Protection from sun</i>	_____
1	1	_____	Leggings (for Lyra and Aerial Silks)	_____

1 Week	2 Weeks	# Sent	BEDDING	# Returned
1	2	_____	Sheets (twin) to cover mattress (kids sleep in sleeping bag). Can bring light sheet for warm nights if wanted.	_____
1	1	_____	Plastic Sheet - <i>for bedwetter</i>	_____
1	1	_____	Sleeping bag (check weather and rating)	_____
1	1	_____	Pillow & Pillow Case	_____

1 Week	2 Weeks	# Sent	OTHER ITEMS	# Returned
1	1	_____	Toiletries/Shower Bag/Shampoo	_____
1	1	_____	Soap & Soap Dish	_____
1	1	_____	Toothbrush & Toothpaste	_____
1	1	_____	Comb/Brush	_____
1	1	_____	Waterbottle (with name on it)	_____
1	1	_____	Laundry Bag (with name on it)	_____
1	1	_____	Flashlight with Batteries and spares	_____
1	1	_____	Bug Repellant (<i>see handbook</i>)	_____
1	1	_____	Suntan Lotion/Sun Block	_____
1	1	_____	Disposable camera (can bring a digital one if you are ok with it possibly getting broken/lost) with name on it!!	_____
		_____	Writing Materials and Stamps	_____
		_____	Medications (<i>see parent handbook</i>)	_____
1	1	_____	Chapstick with SPF	_____

PLEASE
Do NOT Bring

- Valuables
- Boom boxes
- Electronic games
- Computers
- Kindle
- MP3 anything
- Cell phones
- Magazines
- Illegal drugs
- Fireworks
- Matches
- Candles
- Lighters
- Alcohol
- Food
- Candy
- Gum
- Aerosol Cans
- Guns or Knives
- Tobacco products
- Jewelry
- Skateboards
- Roller blades
- Money
- Mirrors/Glass
- iPhone
- iPad
- i-anything

# Sent	OPTIONAL	# Returned
_____	Day Pack (overnight pack if desired)	_____
_____	Fishing equipment	_____
_____	Books	_____
_____	Anything cotton they want tie-dyed	_____
_____	Sunglasses	_____
_____	Dark clothing for black-light activities	_____

See Guidelines Below

Guidelines

Campers need to come to camp prepared for participating in physical activity, keeping warm during the evenings and cool during the days, and with enough clothes to remain clean, healthy, and happy campers. Please send appropriate clothing with your camper, taking into consideration the weather and camp activities. We encourage you to send old clothing, as your camper will be camping out, sleeping on the ground, climbing, and hiking through the woods.

Shirts - As it is very warm during the summer, it is acceptable for everyone to wear shorts and shirts, however, any shirts or shorts that show a lot of skin/bras/sports bras/lace style bras/any underwear would be seen as not camp appropriate.

We recommend t-shirts for comfort, however, due to the heat, it is acceptable to wear a crop/shorter style top if the camper can lift their arms up without showing bras/breasts or a bare midriff (no higher than the belly button). A small knot in a shirt if it is too hot is acceptable if the camper is showing a small amount of skin.

'Bro-tanks' or any tank top with large cut out sides that show bras/chests/nipples/a lot of skin would not be appropriate unless ample coverage is worn underneath such as another shirt or tank top.

Shorts/Bottoms - Any style shorts (sports/denim/jean etc.) are appropriate if they cover the whole butt (i.e., no cheeks hanging out and no underwear showing), as campers will be wearing harnesses, sitting on wooden surfaces, running, slipping, sliding, etc. A situation can become uncomfortable, painful and possibly embarrassing for themselves or others if ample coverage of the buttocks and upper thighs is not given.

Leggings must be thick enough that they are not see through

Swimwear - Swimming shorts and full one piece bathing suits are recommended for swimming and any water based activities and the oatmeal fight.

Bikinis and brief style swimming shorts are appropriate providing that campers are willing to cover up with a t-shirt or provided pennies for any activity not in the water (Water EPs, Oatmeal Fight, Cabin Acts, Embers, Yuba Trips).

Swimwear that has a cut out style (bikinis or swimsuits) or thong like style bikini bottoms are not deemed camp appropriate. A towel can be worn instead of a shirt from the lake or activity area if going directly to the cabin or bath house to change back into clothes.

Make-up - Camp is a place for campers to be who they want to be, express who they are as a person and without a focus on what we look like. We therefore ask that campers avoid bringing make-up with them. It can also add a lot of time to the busy bathroom schedules.

Other

We include things such as **backpacking and fishing** gear on the list for campers who may have their own equipment that is special to them. Camp has all of the gear they will need, so please don't buy optional items just because they appear on the list. We have a limited number of boots in a limited number of sizes for horseback riding as well, but if campers have any shoes with a small heel (1/2-1 inch), they should definitely bring them. We also have **mountain bikes** at camp. Camp's mountain bike program is an instructional progression based on technical aspects of a typical mountain bike. In an effort to standardize this program and provide a more cohesive learning experience, we have our own bicycles.

There is a **laundry service** for 2 week sessions if campers do not want to bring enough clothes for the whole session. In that case, please add \$20 to the camp store (see "Parent Handbook") to cover the laundry service that we hire. Pack for 8 days and we'll have their clothes laundered after the first week.

Camp is an opportunity for children to develop their sense of self-care and personal responsibility. Please review the list of things you are sending with your camper so they know what clothing and personal items are to return home. Remember that your camper's belongings can get lost or misplaced; therefore refrain from sending anything of significant value or considerable sentimental worth.

Luggage needs to be compact and easy to carry – duffels are great as there is limited space on the bus. All medications (prescription, OTC, vitamins and herbals-in ORIGINAL containers) will be given to the staff at the bus or the nurse during check-in if you are driving, so please leave them easily accessible.

Please review and respect the "What not to Bring" list. Achieving the social objectives we set forth for our campers requires the creation of a particular camp and social community. Things such as MP3 players, games, cell phones, and many common magazines work directly against these objectives, and hamper the experience and social growth of all of our campers. Taking the time to sit down with your camper and go through their gear a day or so prior to camp can give you the opportunity to discuss how they are feeling about their time away from home, address any anxieties or questions they may be having, and gain a good idea of exactly what they are bringing to camp (you'd be surprised at some of the things that show up).

Thank you for helping make Camp Augusta a great place for all of our campers!